

August 2026



ANNOUNCEMENTS:

get points for
participating in
activities with this
asterisk--> *

8/4/26 National
Night Out! 5pm-7pm
on the front lawn
*Refreshments
served*



mobile market dates:
THURSDAY 8/13 & 8/27
12pm-1:30pm

Monday	Tuesday	Wednesday	Thursday	Friday
3 Crochet Basics 11am-12pm * AI & Healthcare- Can You Trust It? 12pm-1pm	4 Money Matters: Frauds & Scams 10am * NNO 5pm-7pm!	5 Prepping for Pest Control 11am Bingo 1pm-2pm	6 commodities Ready to Rent 9am	7 Morning Movie 10am-12pm Bingo 1pm-2pm
10 Crochet Basics 11am-12pm Better Sleep for a Healthier Life: 12pm-1pm	11 Ceramics 10am-1pm Chair Exercise 1pm-2pm	12 Bingo 1pm-2pm	13 mobile market 12pm-1:30pm	14 Morning Movie 10am-12pm Bingo 1pm-2pm
17 Crochet Basics 11am-12pm Social Connection: The Real Brain Booster 12pm-1pm	18 CHUM 2 GO Ceramics 10am-1pm Chair Exercise 1pm-2pm	19 Lighthouse Center for Vital Living 10am-12pm Bingo 1pm-2pm	20 Ready to Rent 1pm	21 Morning Movie 10am-12pm Bingo 1pm-2pm
24 Crochet Basics 11am-12pm The Myth of Aging 12pm-1pm	25 Ceramics 10am-1pm Chair Exercise 1pm-2pm	26 National Dog Day! Bring your furry friend for a treat! Bingo 1pm-2pm	27 mobile market New to Medicare: presentation, Q&A 10:30am-12:30pm (refreshments provided)	28 Morning Movie 10am-12pm Bingo 1pm-2pm
31 Crochet Basics 11am-12pm * Hormones & Cognitive Health 12pm-1pm				



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